An Irish peer on the continent (1801-1803): Being a narrative of the tour of Stephen, 2nd earl Mount Cashell, through France, Italy, etc

by Catherine Wilmot
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Once past puberty, females had to be careful not to over-exercise. The name originally given to female gymnastics – became popular in continental Europe. In 1827, an Italian, Signor Voarino, published in London A Treatise on Calisthenics.

In 1840, the year that Napoleon’s remains were returned to France, over a Bibliography - Women, Writing, and Travel in the Eighteenth Century François Regnault, Les Grands chroniques de France, 1514, vol.