The general process is that unless one is not born in brahmana family, he is not. Srimad-Bhagavatam classes – Volume #10 (Part 4).

In Srimad Bhagavatam, it has been described that the reason why Parikshit Maharaja did not kill Kali was... Well, the general description that has been given in the 11th canto is that He is...